

Act of Consecration

I give myself and consecrate to the Sacred Heart of our Lord Jesus Christ, my person and my life, my actions, pains and sufferings, so that I may be unwilling to make use of any part of my being other than to honor, love and glorify the Sacred Heart.

This is my unchanging purpose, namely, to be all His, and to do all things for the love of Him, at the same time renouncing with all my heart whatever is displeasing to Him.

I therefore take You, O Sacred Heart, to be the only object of my love, the guardian of my life, my assurance of salvation, the remedy of my weakness and inconstancy, the atonement for all the faults of my life and my sure refuge at the hour of death. Amen.

Prayer for Perseverance

By St. Alphonsus Liguori

O Sacred Heart of Jesus, living and life-giving fountain of eternal life, infinite treasure of the Divinity, and glowing furnace of love, You are my refuge and my sanctuary.

O Adorable and Glorious Savior, consume my heart with that burning fire that ever inflames Your Heart.

Pour down on my soul those graces which flow from Your Love. Let my heart be one with, and in all things conformed to Yours.

May Your Will be the rule of both my desires and my actions. Amen.



*May the Sacred Heart of Jesus
be loved in every place*



1st Friday Devotion Promises

Jesus gave the following promises to Saint Margaret Mary for souls devoted to His most Sacred Heart:

1. I will give them all the graces necessary for their state in life.
2. I will give peace in their families.
3. I will console them in all their troubles.
4. I will be their secure refuge in life and above all in death.
5. I will abundantly bless all their undertakings.
6. Sinners will find in My heart the source and infinite ocean of mercy.
7. Tepid souls will become fervent.
8. Fervent souls will rise to great perfection.
9. I will bless those places where the image of My Sacred Heart shall be exposed and venerated.
10. I will give to priests the power to touch the most hardened hearts.
11. Persons who propagate this devotion will have their names eternally written in My Heart.
12. In the abundant mercy of My Heart, I promise that My all-powerful love will grant to all those who will receive Communion on the first Fridays, for nine consecutive months, the grace of final repentance. They will not die in My displeasure, nor without receiving the Sacraments; and My Heart will be their secure refuge in that last hour.

Jesus, I Trust in You

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Sacred Heart

Devotions



The devotion to the Sacred Heart of Jesus is one of the most widely practiced and well-known Roman Catholic devotions, taking Jesus Christ's physical heart as the representation of His divine love for humanity. (source: Wikipedia.org)

Devotion to the Sacred Heart focuses not only on the love and mercy Jesus has for us but also on reparation for sin. In St. Margaret Mary's visions (from the years 1673 to 1675), Christ requested that a Communion of reparation be made on the first Friday of every month.

Love • Mercy • Grace

Litany of the Sacred Heart of Jesus

Lord, have mercy *Lord, have mercy.*
Christ, have mercy *Christ, have mercy.*
Lord, have mercy *Lord, have mercy.*
Christ, hear us. *Christ, hear us.*
Christ, graciously hear us. *Christ, graciously hear us.*

God our Father in Heaven, *have mercy on us.*
God the Son, Redeemer of the world, *have mercy on us.*
God, the Holy Spirit, *have mercy on us.*
Holy Trinity, One God, *have mercy on us.*

Heart of Jesus, Son of the Eternal Father, *have mercy on us.*
Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother, *have mercy on us.*
Heart of Jesus, one with the eternal Word, *have mercy on us.*
Heart of Jesus, Infinite in Majesty, *have mercy on us.*
Heart of Jesus, Holy Temple of God, *have mercy on us.*
Heart of Jesus, Tabernacle of the Most High, *have mercy on us.*
Heart of Jesus, House of God and Gate of Heaven, *have mercy on us.*
Heart of Jesus, aflame with love for us, *have mercy on us.*
Heart of Jesus, source of justice and love, *have mercy on us.*
Heart of Jesus, full of goodness and love, *have mercy on us.*
Heart of Jesus, wellspring of all virtue, *have mercy on us.*
Heart of Jesus, worthy of all praise, *have mercy on us.*
Heart of Jesus, king and center of all hearts, *have mercy on us.*
Heart of Jesus, treasurehouse of wisdom and knowledge, *have mercy on us.*

Heart of Jesus, in whom there dwells the fullness of God, *have mercy on us.*
Heart of Jesus, in whom the Father is well pleased, *have mercy on us.*
Heart of Jesus, from whose fullness we have all received, *have mercy on us.*
Heart of Jesus, desire of the eternal hills, *have mercy on us.*
Heart of Jesus, patient and full of mercy, *have mercy on us.*
Heart of Jesus, generous to all who turn to You, *have mercy on us.*
Heart of Jesus, fountain of life and holiness, *have mercy on us.*
Heart of Jesus, atonement for our sins, *have mercy on us.*
Heart of Jesus, overwhelmed with insults, *have mercy on us.*
Heart of Jesus, broken for our sins, *have mercy on us.*
Heart of Jesus, obedient even to death, *have mercy on us.*
Heart of Jesus, pierced by a lance, *have mercy on us.*
Heart of Jesus, source of all consolation, *have mercy on us.*
Heart of Jesus, our life and resurrection, *have mercy on us.*
Heart of Jesus, our peace and reconciliation, *have mercy on us.*
Heart of Jesus, victim of our sins, *have mercy on us.*
Heart of Jesus, salvation of all who trust in You, *have mercy on us.*
Heart of Jesus, hope of all who die in You, *have mercy on us.*
Heart of Jesus, delight of all the Saints, *have mercy on us.*

Lamb of God, You take away the sins of the world, *have mercy on us.*

Lamb of God, You take away the sins of the world, *have mercy on us.*

Lamb of God, You take away the sins of the world, *have mercy on us.*

Jesus, gentle and humble of heart, *Touch our hearts and make them like Your own.*

Let us pray:

Father, we rejoice in the gifts of love we have received from the heart of Jesus Your Son. Open our hearts to share His life and continue to bless us with His love. We ask this in the name of Jesus the Lord. Amen.

Prayer of Trust in the Sacred Heart

- In all my temptations, I place my trust in You, O Sacred Heart of Jesus.
- In all my weaknesses, I place my trust in You, O Sacred Heart of Jesus.
- In all my difficulties, I place my trust in You, O Sacred Heart of Jesus.
- In all my trials, I place my trust in You, O Sacred Heart of Jesus.
- In all my sorrows, I place my trust in You, O Sacred Heart of Jesus.
- In all my work, I place my trust in You, O Sacred Heart of Jesus.
- In every failure, I place my trust in You, O Sacred Heart of Jesus.
- In every discouragement, I place my trust in You, O Sacred Heart of Jesus.
- In life and in death, I place my trust in You, O Sacred Heart of Jesus.
- In time and in eternity, I place my trust in You, O Sacred Heart of Jesus.

